Severity of Atrial Fibrillation (SAF) Scale

Use this document to assess and record the symptoms and functionality of patients with atrial fibrillation (AF).

Patient Name: _________________________________

- **Step 1 – Symptoms**
  Identify the presence of the following symptoms (check all that apply):
  - Palpitation
  - Dyspnea
  - Dizziness, presyncope, or syncope
  - Chest pain
  - Weakness or fatigue
  - Other: __________________________

- **Step 2 – Association**
  Is AF, when present, associated with the above-listed symptoms? For example: Ascertain if any of the above symptoms are present during AF and likely caused by AF (as opposed to some other cause).
  - Yes
  - No

- **Step 3 – Functionality**
  Do the identified symptoms associated with AF (or the treatment of AF) affect the patient’s functionality (subjective quality of life)? Refer to the table below for descriptions your patient might give.
  - Yes
  - No

Based on the responses above, assign an SAF Class as defined by the table below.

<table>
<thead>
<tr>
<th>Mark Box</th>
<th>SAF Class</th>
<th>Definition</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Class 0</td>
<td>Asymptomatic with respect to AF</td>
</tr>
</tbody>
</table>
|          | Class 1   | Symptoms attributable to AF have *minimal* effect on patient’s general QOL.  
  - minimal and/or infrequent symptoms, or  
  - single episode of AF without syncope or heart failure |
|          | Class 2   | Symptoms attributable to AF have a *minor* effect on patient’s general QOL.  
  - mild awareness of symptoms in patients with persistent/permanent AF, or  
  - rare episodes (e.g. less than a few per year) in patients with paroxysmal or intermittent AF |
|          | Class 3   | Symptoms attributable to AF have a *moderate* effect on patient’s general QOL.  
  - moderate awareness of symptoms on most days in patients with persistent/permanent AF, or  
  - more common episodes (e.g. more than every few months) or more severe symptoms, or  
  - both, in patients with paroxysmal or intermittent AF |
|          | Class 4   | Symptoms attributable to AF have a *severe* effect on patient’s general QOL.  
  - very unpleasant symptoms in patients with persistent/paroxysmal AF and/or  
  - frequent and highly symptomatic episodes in patients with paroxysmal or intermittent AF and/or  
  - syncope thought to be due to AF and/or  
  - congestive heart failure secondary to AF |