

AGENDA

Wednesday, October 4

PHARMACOLOGY WORKSHOP

- 5:30 p.m.** **Registration and Light Refreshments**
- 6:00 p.m.** **Welcome and Introductions**
Dr. Handberg
- 6:15 p.m.** **Diabetes Medication Basics for the Cardiovascular Practitioner**
Dr. Handberg
- 6:55 p.m.** **Anticoagulation and Dual Antiplatelet Therapy**
Dr. Parra
- 7:35 p.m.** **Understanding Medication Adherence: What Works?**
Dr. Cooper-DeHoff
- 8:15 p.m.** **Challenging Cases from the Practice:
Polypharmacy, Drug/Drug Interactions**
Moderator: Dr. Cooper-DeHoff
Panel: Drs. Handberg and Parra
- 9:00 p.m.** **Adjournment**

Thursday, October 5

SESSION 1: THE ART OF CARDIOVASCULAR HISTORY AND PHYSICAL

- 6:30 a.m. – 7:30 a.m.** **For Your Health: A Little Bit of Fit Walk (Weather Permitting)**
Take a guided walking tour through Georgetown along the C&O Canal. Start and end at the Hyatt Place lobby (Designated Course Hotel).
- 7:30 a.m.** **Registration and Breakfast**
- 8:00 a.m.** **Welcome and Introductions**
Dr. Handberg
Dr. Alpert
- 8:15 a.m.** **10 Course Take-aways That Will Change Your Practice Next Week**
Dr. Handberg
- 8:30 a.m.** **Patient Interviewing and Health History: Tips and Tricks**
Ms. Linderbaum

9:00 a.m. **Practical General Exam: Cardiovascular Conditions**
Ms. Linderbaum
Dr. Martinez

10:00 a.m. **Echocardiography: Need-to-Know and Nice-to-Know**
Dr. Martinez

10:45 a.m. **Themed Wellness Break**

SESSION 2:
DIAGNOSTIC STRATEGIES AND INTERPRETATION

11:00 a.m. **Stress Testing: What to Order and What to Do with the Results**
Dr. Freeman

11:30 a.m. **Advanced Imaging: CT and MRI — Who, Why and When**
Dr. Martinez

12:00 p.m. – 1:10 p.m. **Hands-on Breakout Sessions**
Session 1: ECG Interpretation (*choose 1*)

ECG Overview
Dr. Alpert

ECG Case Conundrums
Dr. Miles

Session 2: Heart Songs
Ms. Linderbaum
Dr. Martinez

Session 3: ACC Point of Care Tools
Dr. Freeman

1:15 p.m. **Lunch**

SESSION 3:
RISK REDUCTION AND CARE OF COMMON COMORBIDITIES

2:15 p.m. **Lipid Essentials: The ACC/AHA Prevention Guidelines Cardiovascular Risk Assessment**
Dr. Freeman

2:45 p.m. **Management of the Cardiovascular Patient with Diabetes**
Dr. Chipkin

3:15 p.m. **Hypertension: Getting Patients to Goal!**

Dr. Handberg

3:45 p.m. Themed Wellness Break

4:00 p.m. – Hands-on Breakout Sessions
5:10 p.m.

Session 1: ECG Interpretation (*choose 1*)

ECG Overview

Dr. Alpert

ECG Case Conundrums

Dr. Miles

Session 2: Heart Songs

Ms. Linderbaum

Dr. Martinez

Session 3: ACC Point of Care Tools

Dr. Freeman

5:20 p.m. Managing Thyroid Disease in Cardiovascular Patients
Dr. Chipkin

5:50 p.m. Check Your Learning: 10 Course Take-aways
Dr. Alpert

6:05 p.m. Adjournment

8:00 p.m. A Little Bit of Fit Evening Walk (Meet in Hyatt Place Lobby)

Friday, October 6

6:30 a.m. – For Your Health: A Little Bit of Fit Walk (Weather Permitting)
7:30 a.m.

7:45 a.m. Breakfast

8:15 a.m. Welcome Back

SESSION 4:
CORONARY ARTERY DISEASE: ACUTE AND CHRONIC MANAGEMENT

8:30 a.m. Stable Ischemic Heart Disease: Practice Change Implications
Ms. Linderbaum

9:00 a.m. **Acute Coronary Syndrome: Review and Update**
Dr. Anderson

9:30 a.m. **Dietary Supplement: What's Hot and What's Not**
Dr. Cooper-DeHoff

10:00 a.m. **Themed Wellness Break**

10:15 a.m. – **Hands-on Breakout Sessions**
11:25 a.m.

Session 1: ECG Case Conundrums
Dr. Miles

Session 2: Heart Songs
Ms. Linderbaum

Session 3: ACC Point of Care Tools
Dr. Freeman

Session 4: Chest X-ray Interpretation
Dr. Alpert

11:35 a.m. **Cases of Perioperative Management and Care Coordination**
Dr. Anderson

12:05 p.m. **Shared Decision Making in Antithrombotic Therapy**
Dr. Parra

12:35 p.m. **Lunch**
1:05 p.m. **Presentation: Coronary Angiography Primer**
Dr. Anderson

SESSION 5:
COMPLEX CARDIOLOGY: HEART FAILURE, VALVE DISEASE AND
ARRHYTHMIAS

1:30 p.m. **Atrial Fibrillation: Management Strategies**
Dr. Miles

2:00 p.m. **Lifestyle Management in Cardiovascular Patients:**
Weight Loss, Exercise, Smoking Cessation
Dr. Freeman

2:30 p.m. **Valve Guidelines Update 2017**
Dr. Martinez

3:00 p.m. **Themed Wellness Break**

3:15 p.m. **Acute Decompensated Heart Failure
Preventing Bounce-backs**

Dr. Bowers

3:45 p.m. **Syncope Guidelines 2017**

Dr. Miles

4:15 p.m. **Question and Answer Roundup**

4:45 p.m. **Adjournment**

Saturday, October 7

6:30 a.m. - 7:30 a.m. **For Your Health: A Little Bit of Fit Walk** (Weather Permitting)

7:00 a.m. **Breakfast**

SPECIAL COMPLIMENTARY OPTIONAL SESSION

7:30 a.m. - 8:00 a.m. **Health Policy Through the Lens of the Advanced Practice Provider**

Dr. Hart

7:30 a.m. **Breakfast**

8:00 a.m. **Welcome Back and Overview of Final Session**

Dr. Handberg

SESSION 6:

Hands-on Practicums

8:15 a.m. **Complex Heart Failure: Inpatient and Outpatient Management**

Dr. Bowers

8:45 a.m. **Break To Practicums** (*Rotation Every Hour*)

(*Each practicum is case-based and includes discussion on shared-decision making*)

8:50 a.m. – 9:50 a.m.: Practicum 1

9:55 a.m. – 10:55 a.m.: Practicum 2

10:55 a.m. – 11:10 a.m.: Themed Wellness Break

11:10 a.m. – 12:10 p.m.: Practicum 3

Heart Failure

Dr. Alpert

Dr. Bowers

Valve

Dr. Anderson

Ms. Linderbaum

Acute Coronary Syndrome

Dr. Freeman

Dr. Handberg

12:15 p.m. Wrap Up and Action Plans: 10 Points to Remember
Dr. Handberg

12:30 p.m. Course Adjournment