

AGENDA

Wednesday, October 4

PHARMACOLOGY WORKSHOP

5:30 p.m. Registration and Light Refreshments

6:00 p.m. Welcome and Introductions
Dr. Handberg

6:15 p.m. Diabetes Medication Basics for the Cardiovascular Practitioner
Dr. Handberg

6:55 p.m. Anticoagulation and Dual Antiplatelet Therapy
Dr. Parra

7:35 p.m. Understanding Medication Adherence: What Works?
Dr. Cooper-DeHoff

8:15 p.m. Challenging Cases from the Practice:
Polypharmacy, Drug/Drug Interactions
Moderator: Dr. Cooper-DeHoff
Panel: Drs. Handberg and Parra

9:00 p.m. Adjournment

Thursday, October 5

SESSION 1: THE ART OF CARDIOVASCULAR HISTORY AND PHYSICAL

6:30 a.m. – For Your Health: A Little Bit of Fit Walk (Weather Permitting)
Take a guided walking tour through Georgetown along the C&O Canal. Start and end at the Hyatt Place lobby (Designated Course Hotel).

7:30 a.m. Registration and Breakfast

8:00 a.m. Welcome and Introductions
Dr. Handberg
Dr. Alpert

8:15 a.m. 10 Course Take-aways That Will Change Your Practice Next Week
Dr. Handberg

8:30 a.m. Patient Interviewing and Health History: Tips and Tricks
Ms. Linderbaum

9:00 a.m. **Practical General Exam: Cardiovascular Conditions**
Ms. Linderbaum
Dr. Martinez

10:00 a.m. **Echocardiography: Need-to-Know and Nice-to-Know**
Dr. Martinez

10:45 a.m. **Themed Wellness Break**

SESSION 2:
DIAGNOSTIC STRATEGIES AND INTERPRETATION

11:00 a.m. **Stress Testing: What to Order and What to Do with the Results**
Dr. Freeman

11:30 a.m. **Advanced Imaging: CT and MRI — Who, Why and When**
Dr. Martinez

12:00 p.m. – 1:10 p.m. **Hands-on Breakout Sessions**

Session 1: ECG Interpretation (*choose 1*)

ECG Overview
Dr. Alpert

ECG Case Conundrums
Dr. Miles

Session 2: Heart Songs
Ms. Linderbaum
Dr. Martinez

Session 3: ACC Point of Care Tools
Dr. Freeman

1:15 p.m. **Lunch**

SESSION 3:
RISK REDUCTION AND CARE OF COMMON COMORBIDITIES

2:15 p.m. **Lipid Essentials: The ACC/AHA Prevention Guidelines**
Cardiovascular Risk Assessment
Dr. Freeman

2:45 p.m. **Management of the Cardiovascular Patient with Diabetes**
Dr. Chipkin

3:15 p.m. **Hypertension: Getting Patients to Goal!**

Dr. Handberg

3:45 p.m. Themed Wellness Break

4:00 p.m. – Hands-on Breakout Sessions

5:10 p.m.

Session 1: ECG Interpretation (*choose 1*)

ECG Overview

Dr. Alpert

ECG Case Conundrums

Dr. Miles

Session 2: Heart Songs

Ms. Linderbaum

Dr. Martinez

Session 3: ACC Point of Care Tools

Dr. Freeman

5:20 p.m. Managing Thyroid Disease in Cardiovascular Patients

Dr. Chipkin

5:50 p.m. Check Your Learning: 10 Course Take-aways

Dr. Alpert

6:05 p.m. Adjournment

8:00 p.m. A Little Bit of Fit Evening Walk (Meet in Hyatt Place Lobby)

Friday, October 6

6:30 a.m. – For Your Health: A Little Bit of Fit Walk (Weather Permitting)
7:30 a.m.

7:45 a.m. Breakfast

8:15 a.m. Welcome Back

SESSION 4:

CORONARY ARTERY DISEASE: ACUTE AND CHRONIC MANAGEMENT

8:30 a.m. Stable Ischemic Heart Disease: Practice Change Implications
Ms. Linderbaum

9:00 a.m. **Acute Coronary Syndrome: Review and Update**
Dr. Anderson

9:30 a.m. **Dietary Supplement: What's Hot and What's Not**
Dr. Cooper-DeHoff

10:00 a.m. **Themed Wellness Break**

10:15 a.m. – 11:25 a.m. **Hands-on Breakout Sessions**

Session 1: ECG Case Conundrums
Dr. Miles

Session 2: Heart Songs
Ms. Linderbaum

Session 3: ACC Point of Care Tools
Dr. Freeman

Session 4: Chest X-ray Interpretation
Dr. Alpert

11:35 a.m. **Cases of Perioperative Management and Care Coordination**
Dr. Anderson

12:05 p.m. **Shared Decision Making in Antithrombotic Therapy**
Dr. Parra

12:35 p.m. **Lunch**

1:05 p.m. **Presentation: Coronary Angiography Primer**
Dr. Anderson

SESSION 5:
COMPLEX CARDIOLOGY: HEART FAILURE, VALVE DISEASE AND ARRHYTHMIAS

1:30 p.m. **Atrial Fibrillation: Management Strategies**
Dr. Miles

2:00 p.m. **Lifestyle Management in Cardiovascular Patients: Weight Loss, Exercise, Smoking Cessation**
Dr. Freeman

2:30 p.m. **Valve Guidelines Update 2017**
Dr. Martinez

3:00 p.m. **Themed Wellness Break**

3:15 p.m. **Acute Decompensated Heart Failure**
Preventing Bounce-backs
Dr. Bowers

3:45 p.m. **Syncope Guidelines 2017**
Dr. Miles

4:15 p.m. **Question and Answer Roundup**

4:45 p.m. **Adjournment**

Saturday, October 7

6:30 a.m. - **For Your Health: A Little Bit of Fit Walk** (Weather Permitting)
7:30 a.m.

7:00 a.m. **Breakfast**

SPECIAL COMPLIMENTARY OPTIONAL SESSION

7:30 a.m. - **Health Policy Through the Lens of the Advanced Practice Provider**
8:00 a.m. *Dr. Hart*

7:30 a.m. **Breakfast**

8:00 a.m. **Welcome Back and Overview of Final Session**
Dr. Handberg

SESSION 6: **Hands-on Practicums**

8:15 a.m. **Complex Heart Failure: Inpatient and Outpatient Management**
Dr. Bowers

8:45 a.m. **Break To Practicums (Rotation Every Hour)**
(Each practicum is cased-based and includes discussion on shared-decision making)

8:50 a.m. – 9:50 a.m.: Practicum 1
9:55 a.m. – 10:55 a.m.: Practicum 2
10:55 a.m. – 11:10 a.m.: Themed Wellness Break
11:10 a.m. – 12:10 p.m.: Practicum 3

Heart Failure

Dr. Alpert
Dr. Bowers

Valve

*Dr. Anderson
Ms. Linderbaum*

Acute Coronary Syndrome

*Dr. Freeman
Dr. Handberg*

12:15 p.m. **Wrap Up and Action Plans: 10 Points to Remember**
Dr. Handberg

12:30 p.m. **Course Adjournment**