## AGENDA

### Wednesday, October 3

**PHARMACOLOGY WORKSHOP**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>5:30 p.m.</td>
<td>Registration and Light Refreshments</td>
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<tr>
<td>6:00 p.m.</td>
<td>Welcome and Introductions</td>
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<td>Dr. Handberg</td>
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<tr>
<td>6:15 p.m.</td>
<td>Diabetes Medication and CV Risk Reduction – Should Everyone Get One of These?</td>
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<td>Dr. Handberg</td>
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<tr>
<td>6:55 p.m.</td>
<td>Medication Preauthorization: Tips and Tricks</td>
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<td>Dr. Cooper-DeHoff</td>
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<tr>
<td>7:35 p.m.</td>
<td>Anticoagulation, DAPT and Perioperative Management</td>
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<td>Dr. Parra</td>
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<td>8:15 p.m.</td>
<td>Dietary Supplement: What's Hot and What's Not</td>
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<td>Dr. Cooper-DeHoff</td>
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<tr>
<td>9:00 p.m.</td>
<td>Adjournment</td>
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### Thursday, October 4

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<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>6:30 a.m. – 7:30 a.m.</td>
<td>For Your Health: A Little Bit of Fit Walk (Weather Permitting)</td>
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<td>Take a guided walking tour. Start and end at the Westin Georgetown lobby (Designated Course Hotel).</td>
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<tr>
<td>7:30 a.m.</td>
<td>Registration and Breakfast</td>
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<tr>
<td>8:00 a.m.</td>
<td>Welcome and Introductions</td>
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<td>Dr. Handberg</td>
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<td>Dr. Alpert</td>
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<tr>
<td>8:15 a.m.</td>
<td>10 Course Take-aways That Will Change Your Practice Next Week</td>
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<td>Dr. Handberg</td>
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**SESSION 1:**

**THE ART OF CARDIOVASCULAR HISTORY AND PHYSICAL**

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<tbody>
<tr>
<td>8:30 a.m.</td>
<td>Patient Interviewing and Health History: Tips and Tricks</td>
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<td>Ms. Linderbaum</td>
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9:00 a.m.  Practical CV Exam: What Not to Miss  
*Ms. Linderbaum*  
*Dr. Martinez*

**SESSION 2:**  
**DIAGNOSTIC STRATEGIES AND INTERPRETATION**

10:00 a.m.  ECG Overview  
*Dr. Alpert*

10:45 a.m.  Wellness Break

11:00 a.m.  Stress Testing: What to Order and When to Act  
*Dr. Freeman*

11:30 a.m.  Advanced Imaging: CT and MRI – Who, Why and When  
*Dr. Martinez*

12:00 p.m. –  Hands-on Breakout Sessions

1:10 p.m.  
**Session 1:** ECG Case Conundrums  
*KEA*  
*Dr. Miles*

**Session 2:** Heart Songs  
*Concourse Level*  
*Ms. Linderbaum*  
*Dr. Martinez*

**Session 3:** CXR Interpretation  
*MPR*  
*Dr. Alpert*

**Session 4:** Hands-on Echo Simulation: Practice Your Scanning Skills  
*Room 112-114*  
*Dr. Barrett*  
*Dr. Attieh*  
*Ms. Luther*

1:15 p.m.  Lunch

1:50 p.m.  Lipid Essentials – Implementing the Prevention Guideline  
*Dr. Freeman*

**SESSION 3:**  
**RISK REDUCTION AND CARE OF COMMON COMORBIDITIES**  
*MPR*

2:15 p.m.  Echocardiogram Acquisition and Interpretation  
*Dr. Martinez*

2:45 p.m.  Management of the Cardiovascular Patient with Diabetes
2018 Core Curriculum for the Cardiovascular Clinician
October 3 – 6, 2018

Dr. Chipkin

3:15 p.m. Hypertension: Getting Patients to New Goal!
Dr. Handberg

3:45 p.m. Themed Wellness Break
High boy tables with signs:
- Utilization of Pharmacists in Practice – Dr. Parra
- Practice Pearls for the APP – Dr. Handberg, Ms. Linderbaum
- Tips for Understanding Supplements – Dr. Cooper-DeHoff

4:00 p.m. – Hands-on Breakout Sessions
5:10 p.m.

Session 1: ECG Case Conundrums KEA
Dr. Miles

Session 2: Heart Songs Concourse Level
Ms. Linderbaum
Dr. Martinez

Session 3: CXR Interpretation MPR
Dr. Alpert

Session 4: Hands-on Echo Simulation: Practice Your Scanning Skills Room 112-114
Dr. Barrett
Dr. Attieh
Ms. Luther

5:20 p.m. Managing Thyroid Disease in Cardiovascular Patients
Dr. Chipkin

5:50 p.m. Clinical Case Wrap Up and Take Home Points
Dr. Alpert

6:05 p.m. Adjournment

8:00 p.m. A Little Bit of Fit Evening Walk (Meet in Hotel Lobby)

Friday, October 5

6:30 a.m. – For Your Health: A Little Bit of Fit Walk (Weather Permitting)
7:30 a.m.

7:45 a.m. Breakfast
8:15 a.m. Welcome Back

SESSION 4:
CORONARY ARTERY DISEASE: ACUTE AND CHRONIC MANAGEMENT     MPR

8:30 a.m. Acute Coronary Syndrome: Review and Update
    Dr. Anderson

9:00 a.m. Stable Ischemic Heart Disease: Practice Implications
    Ms. Linderbaum

9:30 a.m. Peripheral Arterial Disease – Updates on Diagnosis and Management
    Dr. Anderson

10:00 a.m. Themed Wellness Break
    MPR Foyer w/highboys
    High boy tables with signs:
    • STEMI Team Questions – Dr. Anderson
    • Practice Pearls for the APP – Dr. Handberg, Ms. Linderbaum

10:15 a.m. – 11:25 a.m. Hands-on Breakout Sessions

    Session 1: ECG Case Conundrums
        KEA
        Dr. Miles

    Session 2: Heart Songs
        Concourse Level
        Ms. Linderbaum

    Session 3: CXR Interpretation
        MPR
        Dr. Alpert

    Session 4: Hands-on Echo Simulation: Practice Your Scanning Skills
        Room 112-114
        Dr. Barrett
        Dr. Attieh
        Ms. Luther

11:35 a.m. Cases of Perioperative Management and Care Coordination
    Dr. Anderson

12:05 p.m. Shared Decision Making – Antithrombotic Therapy and beyond
    Dr. Parra

12:35 p.m. Lunch
    MPR

1:05 p.m. Coronary Angiography Primer
    Dr. Anderson
SESSION 5:  
COMPLEX CARDIOLOGY: HEART FAILURE, VALVE DISEASE AND ARRHYTHMIAS   

1:30 p.m.   Atrial Fibrillation: Management Strategies  
Dr. Miles

2:00 p.m.   Lifestyle Management in Cardiovascular Patients: Weight Loss, Exercise, Smoking Cessation  
Dr. Freeman

2:30 p.m.   Valve Guidelines Update 2018  
Dr. Martinez

3:00 p.m.   Wellness Break

3:15 p.m.   Acute Decompensated Heart Failure: Preventing Bounce-backs  
Dr. Bowers

3:45 p.m.   Syncope Guidelines 2018  
Dr. Miles

4:15 p.m.   Clinical Case Wrap Up and Take Home Points  
Dr. Alpert

4:45 p.m.   Adjournment

Saturday, October 6

6:30 a.m. – 7:30 a.m.   For Your Health: A Little Bit of Fit Walk (Weather Permitting)

OPTIONAL MORNING SESSION   

6:30 a.m. – 7:30 a.m.   Pulmonary Hypertension  
Dr. Freeman

7:30 a.m.   Breakfast

8:00 a.m.   Welcome Back and Overview of Final Session  
Dr. Handberg

SESSION 6:  
Hands-on Practicums

8:15 a.m.   Complex Heart Failure: Inpatient and Outpatient Management
2018 Core Curriculum for the Cardiovascular Clinician
October 3 – 6, 2018

Dr. Bowers

8:45 a.m. Break To Practicums (Rotation Every Hour)
(Each practicum is case-based and includes discussion on shared-decision making)

8:50 a.m. – 9:50 a.m.: Practicum 1
9:55 a.m. – 10:55 a.m.: Practicum 2
10:55 a.m. – 11:10 a.m.: Themed Wellness Break
11:10 a.m. – 12:10 p.m.: Practicum 3

Heart Failure
  Dr. Alpert
  Dr. Bowers

Valve
  Dr. Anderson
  Ms. Linderbaum

Acute Coronary Syndrome
  Dr. Freeman
  Dr. Handberg

12:15 p.m. Wrap Up and Action Plans: 10 Points to Remember
  Dr. Handberg

12:30 p.m. Course Adjournment