AGENDA

Wednesday, October 2

5:30 p.m.  Registration and Light Refreshments

6:00 p.m.  Welcome and Introductions  
Drs. Alpert and Handberg, Ms. Linderbaum

SESSION 1:  
THE ART OF CARDIOVASCULAR HISTORY AND PHYSICAL

6:15 p.m.  Optimizing the Patient Interview: Tips and Tricks  
Ms. Linderbaum

6:45 p.m.  Practical CV Exam: Don’t Miss the Clues  
Ms. Linderbaum, Dr. Martinez

7:45 p.m.  ECG Overview  
Dr. Alpert

8:15 p.m.  Hands on ECG Interpretation – Try Your Hand  
Dr. Alpert and Handberg, Ms. Linderbaum

8:45 p.m.  Practice Guidelines – 2019 and Beyond  
Dr. Handberg

9:00 p.m.  Adjourn

Thursday, October 3

6:00 a.m.  –  For Your Health: A Little Bit of Fit Walk (Weather Permitting)
6:30 a.m.  Take a guided walking tour. Start and end at the Westin Georgetown lobby  
(Designated Course Hotel).

6:45 a.m.  Registration and Breakfast

OPTIONAL MORNING SESSION

6:45 a.m.  –  Practice Metrics, Contracts and Billing for APPs  
Ms. Biesbrock
MEDAXIOM

8:00 a.m.  Welcome and Introductions  
Dr. Handberg
SESSION 2:
DIAGNOSTIC STRATEGIES AND INTERPRETATION

8:15 a.m.  Cases of the Day – Making it Practical
Ms. Linderbaum

8:30 a.m.  Stress Testing: What to Order and When to Act
Dr. Freeman

9:00 a.m.  Advanced Imaging: CT and MRI – Who, Why and When
Dr. Martinez

10:00 a.m.  Cannabis and e-Cigarettes – The Good, the Bad and the Unknown
Dr. Cooper-DeHoff

10:30 a.m.  Echocardiogram Acquisition and Interpretation
Dr. Martinez

11:00 a.m.  Wellness Break

11:15 a.m. – 12:15 p.m.  Hands-on Breakout Sessions

Session 1: ECG Case Conundrums
Dr. Miles

Session 2: Heart Songs
Ms. Linderbaum, Dr. Martinez

Session 3: Clinical Cases
Dr. Alpert

Session 4: Hands-on Echo Simulation: Practice Your Scanning Skills
Dr. Barrett

12:15 p.m.  Lunch

SESSION 3:
RISK REDUCTION AND CARE OF COMMON COMORBIDITIES

1:00 p.m.  Lipid Essentials – Implementing the New Prevention Guideline
Dr. Freeman

1:30 p.m.  Diabetes Medication and CV Risk Reduction – Should Everyone Get One of These?
Dr. Chipkin
2019 Core Curriculum for the Cardiovascular Clinician  
October 2 – 5, 2019

2:15 p.m.  Hypertension: Getting and Keeping Patients at the Goal  
Dr. Handberg

2:45 p.m.  Themed Wellness Break  
High boy tables with signs:  
- Utilization of Pharmacists in Practice – Dr. Parra  
- Practice Metrics, Contracts and Billing – Ms. Biesbrock  
- Practice Pearls for the APP – Dr. Handberg, Ms. Linderbaum  
- Questions for the Pharmacist – Supplements and More – Dr. Cooper-DeHoff

3:00 p.m. – 4:10 p.m.  Hands-on Breakout Sessions

Session 1: ECG Case Conundrums  KEA  
Dr. Miles

Session 2: Heart Songs  Concourse Level  
Ms. Linderbaum, Dr. Martinez

Session 3: Clinical Cases  MPR  
Dr. Alpert

Session 4: Hands-on Echo Simulation: Practice Your Scanning Skills  Room 112-114  
Dr. Barrett

4:20 p.m.  Managing Thyroid Disease in Cardiovascular Patients  
Dr. Chipkin

4:50 p.m.  Clinical Case Review, Wrap Up and Take Home Points  
Dr. Alpert, Ms. Linderbaum

5:05 p.m.  Adjournment

8:00 p.m.  A Little Bit of Fit Evening Walk (Meet in Hotel Lobby)

---

Friday, October 4

6:15 a.m. – 7:15 a.m.  For Your Health: A Little Bit of Fit Walk (Weather Permitting)

7:30 a.m.  Breakfast

8:00 a.m.  Stable Ischemic Heart Disease: Practice Implications  
Ms. Linderbaum
SESSION 4:
CORONARY ARTERY DISEASE: ACUTE AND CHRONIC MANAGEMENT

8:30 a.m.  Welcome Back and Cases of the Day - Making it Practical
Dr. Handberg, Ms. Linderbaum

9:00 a.m.  Coronary Angiography Primer
Dr. Anderson

9:30 a.m.  Anticoagulation, DAPT and Perioperative Management
Dr. Parra

10:00 a.m.  Themed Wellness Break
High boy tables with signs:
- STEMI Team Questions – Dr. Anderson
- Practice Pearls for the APP – Dr. Handberg, Ms. Simone

10:15 a.m.  – 11:25 a.m.  Hands-on Breakout Sessions

Session 1: ECG Case Conundrums
Dr. Miles

Session 2: Heart Songs
Ms. Linderbaum

Session 3: Clinical Cases
Dr. Alpert

Session 4: Hands-on Echo Simulation: Practice Your Scanning Skills
Dr. Barrett

11:35 a.m.  Acute Coronary Syndrome: Review and Update
Dr. Anderson

12:05 p.m.  Peripheral Arterial Disease – Updates on Diagnosis and Management
Dr. Anderson

12:35 p.m.  Lunch

1:10 p.m.  Lifestyle Management in Cardiovascular Patients:
Weight Loss, Exercise, Smoking Cessation
Dr. Freeman

1:40 p.m.  Cases of Perioperative Management and Care Coordination
Dr. Anderson
SESSION 5:  COMPLEX CARDIOLOGY: HEART FAILURE, VALVE DISEASE AND ARRHYTHMIAS

2:10 p.m.     Atrial Fibrillation: Management Strategies  
               Dr. Miles

2:40 p.m.     Managing Patients with Valvular Heart Disease  
               Dr. Martinez

3:10 p.m.     Wellness Break

3:25 p.m.     Practical Pearls for HF Management  
               Ms. Wagner

4:00 p.m.     SVT/VT Management  
               Dr. Miles

4:30 p.m.     Dietary Supplements: What should we be telling our patients?  
               Dr. Cooper-DeHoff

5:00 p.m.     Adjournment

OPTIONAL DINNER SESSION

5:15 p.m. –   Unexplained Syncope: Uncovering Cardiac Causes and Pauses  
               Drs. Handberg and Miles

Saturday, October 5

6:30 a.m. –   For Your Health: A Little Bit of Fit Walk (Weather Permitting)

6:30 a.m. –   Breakfast

OPTIONAL MORNING SESSION

6:30 a.m. –   Pulmonary Hypertension  
               Dr. Freeman

8:00 a.m.     Welcome Back and Cases of the Day - Making it Practical  
               Dr. Handberg

SESSION 6:  Hands-on Practicums

8:15 a.m.     Advanced HF: How to Treat, When to Refer  
               Ms. Wagner
8:45 a.m.  Break To Practicums (Rotation Every Hour)
(Each practicum is case-based and includes discussion on shared-decision making)

8:50 a.m. – 9:50 a.m.

Group A – Heart Failure  KEA
   Dr. Alpert, Ms. Wagner

Group B – Valvular Heart Disease  112-114
   Dr. Anderson, Ms. Simone

Group C – Acute Coronary Syndrome  MPR
   Drs. Freeman and Handberg

9:55 a.m. – 10:55 a.m.

Group C – Heart Failure  MPR
   Dr. Alpert, Ms. Wagner

Group A – Valvular Heart Disease  KEA
   Dr. Anderson, Ms. Simone

Group B – Acute Coronary Syndrome  112-114
   Drs. Freeman and Handberg

10:55 a.m. – 11:10 a.m.: Wellness Break

11:10 a.m. – 12:10 p.m.

Group B – Heart Failure  112-114
   Dr. Alpert, Ms. Wagner

Group C – Valvular Heart Disease  MPR
   Dr. Anderson, Ms. Simone

Group A – Acute Coronary Syndrome  KEA
   Drs. Freeman and Handberg

12:15 p.m.  Wrap Up and Action Plans: 10 Points to Remember
   Dr. Handberg

12:30 p.m.  Course Adjournment