

Career Paths After CV Fellowship: How to Best Tailor Your Training to Your Goals

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No disclosures



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Fellowship

Residency

Medical School

College

High School



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Goal:

- Proceed to the next step
- Get into the best program you can

Fellowship

Residency

Medical School

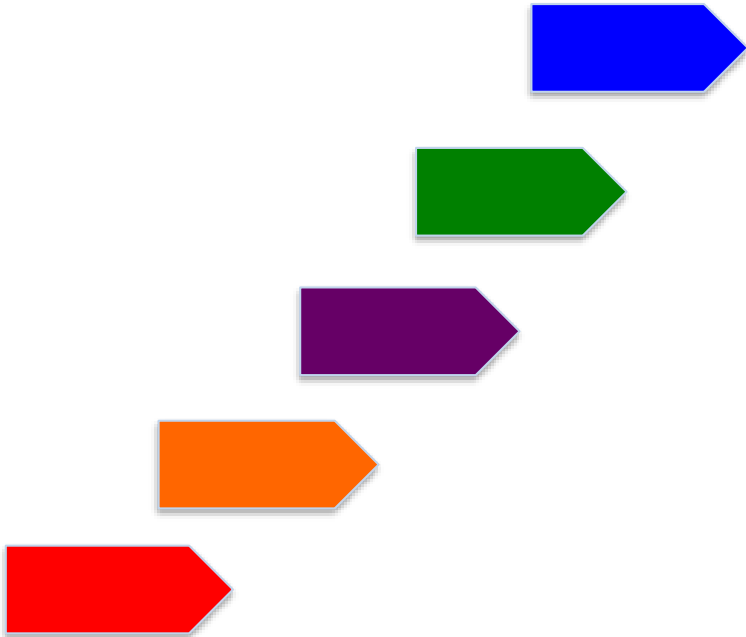
College

High School

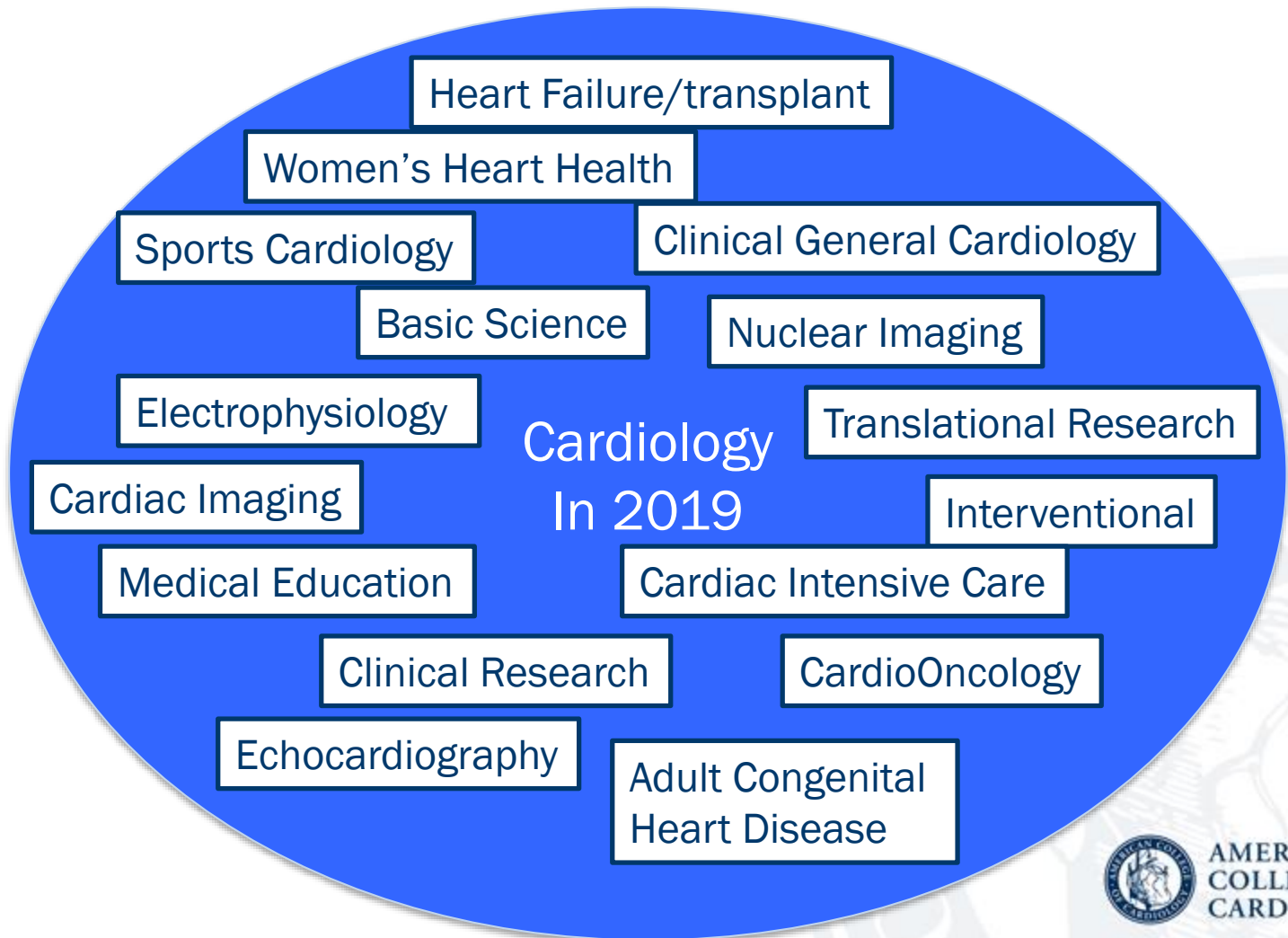


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Your Career



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What is important to you in a career?

And what are you good at?



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What is important to you in a career?

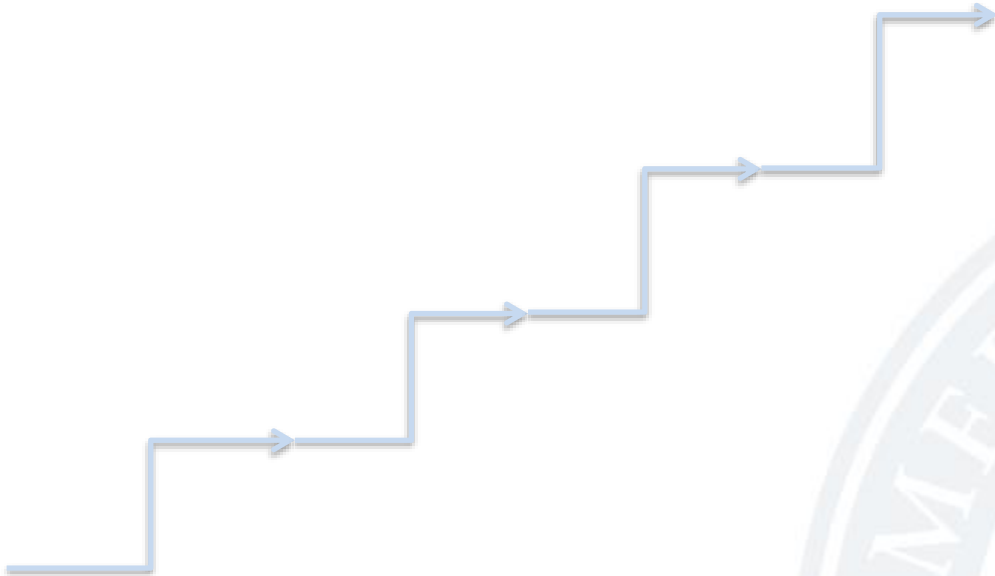
Be introspective and make adjustments as you go...



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How to maximize your time and skills during fellowship

- Train where there is experiential diversity
- Understand what is included in your fellowship training structure
- Seek advise early about career paths and unique opportunities



How to maximize your time and skills during fellowship

- Think ahead about time management
 - Additional imaging training: know the requirements
 - Research time: how much, when and with whom?
 - Additional educational/skills training
 - Subspecialty fellowships
- Create a proposal in early 2nd year about how the next years will look
 - review with your chief, PD and mentors



Advanced Subspecialty Training in CV Disease

ACGME accredited fellowships:

- Interventional Cardiology: 1 year
- Electrophysiology: 2 years
- Heart Failure: 1 year
- Adult Congenital Heart Disease: 2 years

Non ACGME accredited fellowships:

- Echocardiography
- Nuclear Cardiology
- Critical Care Cardiology
- Sports Cardiology
- Women's Heart Health
- Vascular Medicine



Selecting a Clinical Practice:

What is important to you?

- Type of Work and Setting
 - Clinical ↔ Investigative
 - If clinical: Private ↔ Academic
 - Disease specific?
- Geography
 - Region/city/rural/urban
 - Patient population
 - Referral network
- Facilities:
 - advanced procedures/therapies available, surgical options
- What MD supports are in place?
 - Nursing, administrative
 - Professional development
- Culture of the practice
 - Colleagues, practice patterns, practice priorities and values
- Compensation model
 - Know fair market value
 - How is non-clinical work valued?
- Work / Non-work life balance
 - Impact on significant others and family; social network



Can we compare?

PRIVATE PRACTICE

- Affiliation with a hospital(s)
- Clinically focused; high volume
- Inpatient rounds/outpatients, return to hospital end of the day/echo and/or stress interpretation
- Generally less or no research time
- Often no or little residents/fellow coverage and teaching
- Often fewer regular conferences
- Compensation generally higher, less overhead, fee for service model

ACADEMIC PRACTICE

- Affiliation with a medical school
- Clinical and 'Other'
- Variable rounding structures/imaging responsibilities
- +/- Protected research time
 - (Grant or philanthropy supported)
- Often resident/fellow coverage and teaching responsibilities
- More conferencing
- Compensation may be lower; accounts for greater overhead



Research Careers

- Additional skill sets needed?
 - Statistic, MPH, epidemiology, etc.
- Identify Mentors
- Research support resources
- Apply for grants and awards
 - Critically important skill regardless of career path
- Plan enough time...



Other Opportunities

- Computational Science/IT
- Industry
- Educational Careers
- Global Cardiology
- Hospital Administration



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We don't always get it right the first time...



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We don't always get it right the first time...
but hopefully we learn something along the way



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Lessons learned...

- Think ahead, proactively plan your time
- Be introspective and don't be afraid to make adjustments along the way.
- Get lots of advice and understand challenges
- Know who your mentors are and will be
- Embrace what you are well-trained to do
- Recognize what is most important to you and what makes you happy



Thank You!

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