

## Personal Finance for FITs & Early Career Professionals: One Cardiologist's Advice

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- 1. You need a plan.
- 2. Budgeting is the first step of all plans.
- 3. Pay back high-interest student loans as quickly as you can.
- **4.** Don't buy what you cannot afford.
- 5. Save 20% of your gross income for retirement.
- 6. No one manages your money for free.
- 7. Taxes and fees will erode your returns.
- 8. We pay a lot of taxes so it's worth learning about them.
- 9. You will be OK if you act now.

