LDL: Address the Risk
Think Tank

Patient Cases – Session 2
Case 1

- 55 yr old Caucasian male
- PMH: type 2 diabetes, HTN
- Social: nonsmoker
- Meds:
  - Metoprolol succinate 50 mg daily
  - Ramipril 10 mg daily
  - Metformin 1000 mg BID
  - Atorvastatin 40 mg daily
Case 1 (cont’d)

Objective

• Vitals: 98.6°F – 60 BPM – 16 RPM – 126/72 mmHg

• Laboratories
  o eGFR >60 mL/min/1.73m²
  o Metabolic panel - WNL
  o HgbA1c 9.1%
  o Lipids (mg/dL)
    – TC: 189, TG 171, HDL-C 45, LDL-C 110

10-year ASCVD Risk 11.4%
Case 2

- 55 yr old African American female
- PMH: type 2 diabetes, CKD
- Social: nonsmoker
- Meds:
  - Ramipril 10 mg daily
  - Metformin 1000 mg BID
  - Atorvastatin 40 mg daily
Case 2 (cont’d)

Objective

- VS: 98.6°F – 60 BPM – 16 RPM – 112/70 mmHg
- BMI 29.0 kg/m²
- eGFR 30 mL/min/1.73m²
- Metabolic panel - WNL
- HgbA1c 7.3%
- Lipids (mg/dL)
  - TC: 148, TG 165, HDL-C 45, LDL-C 70

10-year ASCVD Risk 5.4%