Management of Cardiotoxicity Induced by BTK Inhibitors



PROBLEM

Bruton tyrosine kinase (BTK) inhibitors such as ibrutinib are associated with atrial fibrillation (AFib), ventricular arrythmias and sudden cardiac death.

- * The median time from initiation of ibrutinib to onset of AFib is 3.8 months.
- * AFib can persist despite stopping or reducing the dose of ibrutinib.
- ★ Drug interactions can occur between ibrutinib and several antiarrhythmic agents (amiodarone, verapamil and diltiazem) due to CYP3A4.
- **★** Ibrutinib is associated with approximately 50% risk of bleeding.
- **★** The mechanisms of ICI-related cardiovascular events are not well-known.



- ✓ Anticoagulation is still recommended for CHA2DS2-VASc >2 if not at high risk of bleeding.
- ✓ Hold anticoagulation prior to procedures and administer reversal agents prior to urgent/ emergent procedures given high risk of procedural bleeding with ibrutinib.
- Consider holding ibrutinib if significantly symptomatic AFib despite rate/rhythm control strategies.

TREATMENT TABLE

Institute monitoring and management strategies outlined in the treatment table

BTK Inhibitors	- Acalabrutinib (A) - Ibrutinib (I) - Zanubrutinib (Z)	
Cardiotoxic Effects	- AFib - Ventricular arrythmia - Sudden cardiac death	Severe AFib/atrial flutter I > Z > A Hypertension I = Z > A
Monitoring Strategies	- Electrocardiography - Blood pressure (BP)	
Management Strategies	Cardiac arrhythmias - Interrupt for symptomatic arrhythmia requiring urgent intervention - Reinitiate once asymptomatic/baseline	 Hypertension Interrupt: Systolic BP > 160 mmHg or diastolic BP > 100 mmHg Reinitiate once resolved: Systolic BP 120-139 mmHg or diastolic BP 80-89 mmHg/baseline Manage: Initiate/adjust hypertension therapy throughout treatment

BEST PRACTICES



- Establish cardio-oncology clinic in collaboration with oncology.
- Clinical judgment based on detailed history and physical examination, in combination with cardiac biomarkers and imaging modalities, can aid in the evaluation of patients at risk of cardiovascular complications.
- ✔ For BTK inhibitors, consider a dose reduction or interruption of the drug and addition of anticoagulation and/or antiarrhythmic agents.